THE UNITED REPUBLIC OF TANZANIA – PRIME MINISTER'S OFFICE
REGIONAL ADMINISTRATION AND LOCAL GOVERNMENT

MORALE FOUNDATION FOR EDUCATION AND TRAINING (MOFET)

Reg. 137197022, 0714 - 414282, 0767 - 414284, 0621- 222194
Mwenge, Mpakani (Sam Nujoma Road). mofettz@gmail.com www.mofet.ac.tz

STANDARD SEVEN 1ST JOINT MOCK - 2026
04E – MATHEMATICS

Time: 2 hours **Monday 16th, March, 2026**

Candidate's Name: _____

School: _____

Region: _____

District: _____ **Ward:** _____

Instructions:

1. This paper consists of sections A, B and C with a total of **seven (08)** questions.
2. Answer **all** questions in each section.
3. Read all the instructions under each question.
4. All Answers should be written in this paper, in the spaces provided.
5. Use a **blue** or **black pen** to answer all questions. Use a pencil in drawing if any.
6. Cellular phones and any unauthorised materials should **not** be used.

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Candidate's Name: .....

School: ..... *District:* .....

SECTION A (10 Marks)

For each of the following questions, work out in the space provided showing all the necessary work clearly.

Question	Working space and answer
1. (a) $39 \times 6 =$	
(b) $49 + 55 + 19 =$	
(c) $\frac{9}{11} - \frac{1}{2} =$	
(d) $190 - 18 =$	
(e) $0.46 \div 2.3 =$	
(f) $1313 \div 13 =$	
(g) $2\frac{3}{5} + \frac{2}{5} =$	
(h) $-16 - (-16) =$	
(i) $1.1 \times 12 =$	
(j) $1.2 + 20.8 =$	

SECTION B (30 Marks)

Question	Working space and answer
2. (a) In the number, "six hundred and twelve thousand", write the total value of digit 1.	

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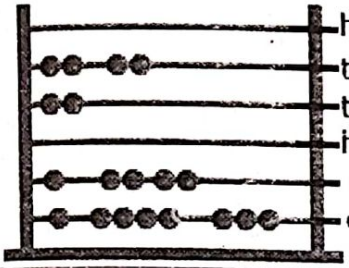
(b) Write the figure represented on the abacus.  	
(c) Write the year 1990 in Roman numerals	
(d) 20399 patients were registered in a certain hospital for treatment. Approximate this number to nearest hundreds.	
(e) A shopkeeper packed 15 bottles of water in one box. If he packed 55 similar boxes with the same number of bottles, find the total number of bottles packed.	
(f) Express the number $\frac{71}{7}$ as mixed fraction.	
3. (a) Add 4 hours 30 minute to 3 hours 40 minutes. Answer in hours and minutes.	
(b) A clock face reads "a half past noon". Write this time in figures.	
(c) Muhena bought a glass for sh 1,500 and sold it later, making a profit of 10%. How much did she sell that glass?	
4. (a) List all prime numbers between 0 and 10.	
(b) Identify all odd numbers between 14 and 28 which are divisible by 3.	
(c) Convert 0.4 into a common simplest fraction.	
5. (a) A man walked 0.8km. How many metres did he walk?	

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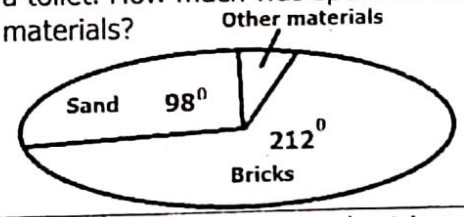
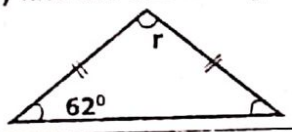
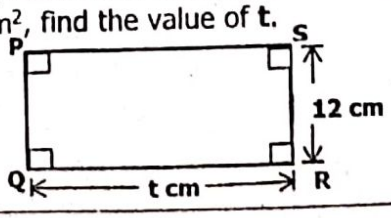
(b) Samson needs 2,200 grams of wheat flour to prepare a cake. How much wheat in kilograms does he need?	
(c) Harriet bought 2 litres 300ml of milk. If she drank 1800ml out of it, how much milk in millilitres was left?	
6. (a) Simplify; $12p + 9q + p - 6q$	
(b) If $rt = 40$ and $t = 8$, what is the value of r?	
(c) Solve for the value of y if; $3y - 2 = 13$	
7. (a) Every 5 days, Hellen sells 230 books in her stationery shop. Find the average number of books she sells each day.	
(b) The following pie-chart represents a total of sh 720,000 that was used to construct a toilet. How much was spent on other materials? 	
8. (a) On the figure of the isosceles triangle below, find the size of angle **r** in degrees. 	
(b) What is the length of one side of a square in centimetres if its area is $900cm^2$?	
(c) PSRQ below is a rectangle. If its area is $240cm^2$, find the value of **t**. 	

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MTIHANI WA KWANZA WA UTIMILIFU
DARASA LA SABA - 2026
01 – KISWAHILI

Muda: Saa 1 :30 **Jumatatu, 16 Machi, 2026**

Jina la Mtahiniwa: _____

Shule ya Mtahiniwa: _____

Mkoa: _____

Wilaya: _____ **Kata:** _____

Maelekezo:

1. Karatasi hii ina sehemu A, B na C zenye maswali **sita (06)**.
2. Jibu maswali yote katika kila sehemu.
3. Soma maelekezo yote yaliyoko katika kila swali ili kujibu vipengele husika kwa usahihi.
4. Jaza taarifa zako (jina, shule) katika nafasi uliyopewa hapo juu, na kwenye nafasi uliyopewa katika kila ukurasa.
5. Tumia penseli kuchora kama kutakua na swali la kuchora, na kalamu ya wino wa **bluu** au **mweusi** kwa majibu yote ya kuandika.
6. Simu za mkononi na vitu vyote visivyoruhusiwa havitakiwi ndani ya chumba cha upimaji.

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Jina la Mtahiniwa: .....

Shule: ..... *Wilaya:* .....

SEHEMU A (Alama 20)

1. **Sikiliza** kwa makini hadithi utakayosomewa na msimamizi. Kisha jibu vipengele (i) – (v), kwa kuandika herufi ya jibu sahihi katika mabano.

   i. Kutokana na habari uliyosikiliza, Mwalimu Sikujua anafundisha shule gani?
   A. Shule ya Sekondari Kahama B. Shule ya Msingi Mahande C. Shule ya Msingi Kahama
   D. Shule ya Msingi Usukani E. Shule ya Msingi Minazi [ ]

   ii. Katika habari uliyosikiliza, wametajwa wanafunzi wangapi?
   A. Wawili B. Watatu C. Wanne D. Mmoja E. Watano [ ]

   iii. Kwa mujibu wa habari, maadhimisho ya Mtoto wa Afrika yalipangwa kufanyika wapi?
   A. Viwanja vya Sabasaba B. Shule ya Msingi Kahama C. Ukumbi wa Mahande
   D. Shule ya Msingi E. Shule ya Msingi Mahande [ ]

   iv. Maadhimisho ya Mtoto wa Afrika hufanyika lini?
   A. 16/6 B. 6/6 C. 16/7 D. 26/6 E. 10/6 [ ]

   v. Kabla ya wanafunzi kwenda kwenye maadhimisho, Mwalimu Sikujua aliwasisitiza nini?
   A. Kuwa wanyenyekevu B. Kuvaa sare safi na nadhifu C. Kushika mabango mikononi
   D. Kuwa na nidhamu E. Kutembea kwa mistari wakiwa njiani [ ]

2. Katika swali hili, jibu vipengele (i) – (x) kwa **kuchagua** jibu sahihi kisha jaza herufi yake kwenye parandesi.

   i. Sadiki anafanya kazi ya kupeleka na kuchukua barua posta na katika ofisi mbalimbali. Je, Sadiki ni nani? A. Sekretari B. Tarishi C. Mtumishi D. Mtumwa E. Machinga [ ]

   ii. Dada amesahau kuwa ana wajibu wa kumpikia bibi uji kila siku kabla ya kwenda sokoni. Neno "kumpikia" katika sentensi hii lipo katika kauli gani ya utendaji?
   A. Kutendewa B. Kutendwa C. Kutendeana D. Kutenda E. Kutendea [ ]

   iii. Wakulima wangelima msimu wa mvua wangevuna mazao ya kutosha. Hii ni aina gani ya sentensi? A. Shurutia B. Ambatano C. Sahihi D. Tata E. Sahili [ ]

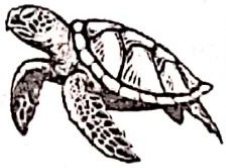
   iv. Hapo zamani watu wenye ukoma walitengwa na jamii zao. **Wenye ukoma** ni aina gani ya maneno? A. Kielezi B. Nomino C. Kiunganishi D. Kivumishi E. Kihusishi [ ]

   v. Wamasai wanaoishi Ngorongoro wameamriwa na Serikali kuhama haraka sana kwani kuna hatari kubwa itatokea hivi karibuni. Hii ni kauli gani?
   A. Halisi B. Taarifa C. Tata D. Changamano E. Halisia [ ]

   vi. Wanafunzi wa Shule ya Msingi Huruma hawatashiriki katika maonesho ya biashara kwa kuwa watakuwa wanafanya mitihani yao ya utamilifu. Katika sentensi hii, silabi ipi inadokeza ukanushi? A. Wa- B. Ha- C. -na- D. -ta- E. -ha- [ ]

   vii. Wageni wetu wamewasili salama. Kinyume cha neno **wageni** ni kipi?
   A. Mwenyeji B. Sisi C. Wa nyumbani D. Wenyeji E. Wazalendo [ ]

   viii. Fundi Juma ametengeneza mlango wa nyumba yetu leo asubuhi. Sentensi hii ipo katika hali gani? A. Timilifu B. Mazoea C. Isiyodhihirika D. Uliopo E. Mtimilifu [ ]

   ix. 
   Kitendawili kipi kinateguliwa na picha hii?
   A. Amevaa bati B. Tajiri wa nguo
   C. Jua hema, mvua hema D. Kila nikipita nasikia wifiwifi
   E. Anatembea kwa maringo hata akiwa hatarini [ ]

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x. Wahenga husema, "Riziki ni kama ajali, _____."
A. ikija ipokee B. huitambui ijapo C. haibishi hodi
D. usiache mlango wazi E. ikija lazima uanguke [ ]

3. Katika swali hili, jibu vipengele (i) – (v) kwa **kuoanisha** maneno ya **Kundi A** na maana zake katika katika **kundi B**. Andika herufi ya jibu sahihi katika mabano.

KUNDI A	JIBU	KUNDI B
i. Amia	[ ]	A. Sauti kubwa inayotolewa na mtu au kitu fulani
ii. Churuzika	[ ]	B. Kumkaba mtu ili atoe kitu bila hiari yake
iii. Kilele	[ ]	C. Kukwangua ukoko ulioganda kwenye sufuria
iv. Kwida	[ ]	D. Kulinda shamba kwa kupiga kelele ili kuwafukuza ndege au wanyama
v. Kwea	[ ]	E. Kupanda juu ya kitu, aghalabu mlima au mti
		F. Sehemu ya juu kabisa ya mlima au mti
		G. Kutiririka polepole kama maji yanayomwagika

SEHEMU B (Alama 20)

4. Jaza nafasi zilizoachwa wazi kwa kuandika neno lenye maana sawa na neno ulilopewa katika (i) – (v).

(i) zamani; _____

(ii) muda; _____

(iii) subiri; _____

(iv) meko; _____

(v) chelewa; _____

5. Soma shairi lifuatalo kwa makini kisha jibu vipengele (i) – (v) kwa kuandika jibu sahihi katika nafasi zilizoachwa wazi.

Sababu za kuipenda lugha yangu ninatoa,
Natumia toka ganda, na kiini chanelea,
Lugha nyingine nakonda, wakati nikiitumia,
Titi la mama ni tamu, lingine halishi hamu.

Kiswahili ni tajiri, kwa fasaha na methali,
Na mimi ninafikiri, kimekwisha fika mbali,
Kimeweza kufasiri taaluma mbalimbali,
Titi la mama ni tamu, lingine halishi hamu.

Maswali;

i. Shairi hili linahusu nini? _____

ii. Shairi ulilosoma lina jumla ya beti ngapi? _____

iii. Mtunzi wa shairi hili ametumia muundo gani? _____

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iv. Mtunzi anaposema Kiswahili kimeweza "kufasiri" ana maana gani?

_____

v. Andika vina vya ubeti wa pili. _____

SEHEMU C (Alama 10)

6. Soma barua ifuatayo kwa umakini kisha jibu vipengele (i) – (v) vinavyofuata hapo chini kwa kujaza nafasi zilizoachwa wazi.

Shule ya Msingi Tumaini,
S.L.P 60, Masasi, Mtwara.
10/07/2026.

Kumb. Na. HWM/SMT/2018/021

Kabonza Digo,
Kijiji cha Kashule,
S.L. P 60, Masasi, Mtwara.

Ndugu,

YAH: KIBALI CHA RUHUSA YA KUUGUZA

Kichwa cha habari chahusika.

Rejea barua yako ya tarehe 08/07/2026 inayohusu ombi la ruhusa ya kumuuguza mama yako. Ombi lako limekubaliwa. Umeruhusiwa kwa muda wa siku kumi na nne (14) kama ulivyoomba, kuanzia tarehe 09/07/2026 hadi tarehe 22/7/2026.

Ninakutakia kila la kheri.

A. Kaboko
AMANI KABOKO
Mwalimu Mkuu.

Maswali;

i. Barua uliyoisoma ni ya aina gani?

_____

ii. Je, mwandishi wa barua hiyo ana wadhifa gani?

_____

iii. Barua iliyoandikwa hapo juu inalenga kumfikia nani?

_____

iv. Kibali cha ruhusa kilichotolewa ni cha muda wa wiki ngapi?

_____

v. Barua hiyo iliandikwa lini? _____

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MOFET 1 - MACHI 2026

MAELEKEZO KWA MSIMAMIZI KATIKA UPIMAJI WA UJUZI WA KUSIKILIZA, (SWALI LA 1)

01 KISWAHILI **UJUZI WA KUSIKILIZA**

Soma kimya maelekezo ya msimamizi Sehemu ya Kwanza na baada ya hapo soma kwa sauti na kwa umakini maelekezo kwa watahiniwa katika Sehemu ya Pili.

SEHEMU YA KWANZA

Maelekezo kwa Msimamizi

1. Soma hadithi kwa sauti na kwa umakini.
2. Waeleze watahiniwa kuwa utasoma hadithi mara mbili, hivyo kila mmoja asikilize kwa umakini.
3. Waeleze watahiniwa kuwa ukisoma hadithi kwa mara ya kwanza, wasikilize bila kujibu maswali na ukimaliza kusoma mara ya pili wajibu swali hili.
4. Soma hadithi taratibu kwa mara ya kwanza huku ukizingatia alama zote za uandishi zilizopo katika hadithi hiyo. Unaposoma kwa mara ya pili ongeza kidogo kasi ya usomaji.
5. Muda utakaotumika kwa msimamizi kusoma hadithi ni dakika tano (05), pia muda utakaotumika kwa watahiniwa kujibu maswali ni dakika tano (05). Sehemu hii itafanyika kwa dakika kumi (10).

SEHEMU YA PILI

Maelekezo ya Msimamizi kwa Watahiniwa

1. Nitasoma hadithi kwa sauti.
2. Nitasoma hadithi mara mbili, hivyo kila mmoja asikilize kwa umakini.
3. Nitakaposoma hadithi kwa mara ya kwanza, unapaswa kusikiliza. Nikimaliza kusoma mara pili utajibu maswali .
4. Utatumia muda wa dakika tano (05) kujibu swali la kwanza kisha utaendelea kujibu maswali mengine.

HADITHI

Mwalimu Sikujua anafundisha katika Shule ya Msingi Kahama. Siku moja aliwatangazia wanafunzi wa shule yake kuwa kesho itakuwa siku ya kuadhimisha Siku ya Mtoto wa Afrika. Maadhimisho haya hufanyika tarehe 16 mwezi Juni kila mwaka. Maganga, ambaye ni mwanafunzi wa darasa la sita, alifurahi sana. Alimuuliza Mwalimu Sikujua, "Mwalimu, maadhimisho hayo yatafanyika wapi?" Mwalimu Sikujua alimjibu, "Maadhimisho hayo yatafanyika katika Shule ya Msingi Mahande." Chausiku, ambaye ni mwanafunzi wa darasa la tano, alimuuliza mwalimu, "Je, wanafunzi wote wanaruhusiwa kwenda kwenye maadhimisho hayo?" Mwalimu Sikujua alijibu, "Ndiyo."

Mwalimu Sikujua alimteua Bahati kushika usukani wa kuhamasisha wanafunzi wenzake. Pia aliwaomba wanafunzi kuwa bega kwa bega ili kufanikisha maadhimisho hayo. Kesho yake, wanafunzi walifika shuleni tayari kwenda kwenye maadhimisho ya Siku ya Mtoto wa Afrika. Wanafunzi walihamasika na kujitokeza kwa wingi. Kabla ya kwenda kwenye maadhimisho, Mwalimu Sikujua aliwasisitiza wanafunzi kuwa na nidhamu.

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STANDARD SEVEN 1ST JOINT MOCK - 2026
03E – SOCIAL STUDIES AND VOCATIONAL SKILLS

Time: 1hr 30min **Monday 16th, March, 2026**

Candidate's Name: _____

School: _____

Region: _____

District: _____ **Ward:** _____

Instructions:

1. This paper consists of sections A, B and C with a total of **seven (07)** questions.
2. Answer **all** questions in each section.
3. Read all the instructions under each question.
4. All Answers should be written in this paper, in the spaces provided.
5. Use a **blue** or **black pen** to answer all questions. Use a pencil in drawing if any.
6. Cellular phones and any unauthorised materials should **not** be used.

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Candidate's Name: .....

School: ..... District: .....

SECTION A (20 Marks)

Answer **all** questions

1. For each of the items (i) – (xv), **choose a letter of the correct answer** and write it in brackets provided.

(i) Among the following hazards, which one occurs gradually?
A. Landslide B. Drought C. Tsunami D. Earthquake E. Fire outbreak [ ]

(ii) Both natural and manmade hazards have negative effects. Which one among the following destroys our infrastructure mostly?
A. Drought B. Earthquake C. Forest fire D. Power outage E. Epidemics [ ]

(iii) Ways of getting involved in preventing fire hazards include the following, EXCEPT;
A. Inspecting electrical wiring regularly B. Using fire during honey extraction
C. Keeping electrical devices in good condition D. Using professional electricians
E. Checking your cookers regularly [ ]

(iv) Which of the following mountains in Tanzania is an active volcano?
A. Oldonyo Lengai B. Kilimanjaro C. Meru D. Pare E. Rungwe [ ]

(v) Which of the following was the purpose of the old cave paintings, as seen at Kondoa-Irangi?
A. Inheritance of tools B. Improving ancient leadership C. Teaching hunting techniques
D. Acquiring ancient leadership E. Indicating the climate of that time [ ]

(vi) Why is the anemometer needed at a weather station?
A. To measure wind speed B. To determine wind direction C. To measure air pressure
D. To analyse weather forecast E. To measure sunshine amount [ ]

(vii) Which museum is found in Butiama district in Mara region?
A. National Museum B. The Village Museum C. Natural History Museum
D. The Moravian Church Museum E. Mwalimu Julius Nyerere Museum [ ]

(viii) Through which way does the earthquake contribute to the outbreak of infectious diseases?
A. Disappearance of oxygen B. Destruction of buildings C. Destruction of crops
D. Changes in the ocean depth E. Damaging the sewage system [ ]

(ix) The following things should be put under consideration before starting any business EXCEPT; A. business idea B. conducting research C. developing a plan
D. Paying taxes E. developing confidence [ ]

(x) Regardless of the body part with hair, haircutting is one of the methods of body hygiene. Why is haircutting important?
A. To prevent acne B. To manage body shape C. To straighten armpits
D. To prevent itching E. To prevent sweating [ ]

(xi) What makes a person relax and sleep comfortably, among the following?
A. Sleeping in loud music B. Making your bed C. Using many bedsheets
D. Eating well before bed E. Sleeping immediately after eating [ ]

(xii) What could be the effect of packing food in wet utensils?
A. It promotes quick spoilage B. It enlarges the container C. It adds unnecessary air
D. It makes it more salty E. It changes food colour [ ]

(xiii) Identify the best method of preparing tamarind and rosella juices.
A. squeezing B. Pounding C. soaking D. blending E. pressing [ ].

(xiv) Which tool shows one's business assets and liabilities?
A. Income tax B. Balance sheet C. a budget D. receipt E. price list [ ]

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Candidate's Name: .....

School: ..... District: .....

(xv) 

This picture was made by sticking pieces of materials. How is this method of making pictures called?

A. contrast B. framing C. geometrical
D. pattern E. collage [ ]

2. Match items on **African heroes** against colonialism in Africa in Group A with the corresponding description in group B by writing the letter of the correct answer into the brackets provided.

Group A	letter	Group B
(i) Chief Mkwawa	[ ]	A. He led the Nandi against the British in Kenya B. He led the Herero people in Namibia against Germans C. He led the Banyoro people in Uganda against the British D. He led the Hehe people against Germans E. He led the Yao people against the Germans F. He led the Nyamwezi people against Germans G. He led Ethiopians against Italians
(ii) Mtemi Isike	[ ]	
(iii) Chief Machemba	[ ]	
(iv) Chief Koitale Arap	[ ]	
(v) Omukama Kabalega	[ ]	

SECTION B (20 Marks)

Answer **all** questions in this section

3. (a) Some societies in Tanzania have their traditional dances. Identify one major advantage of maintaining their dances. _____

(b) Identify two elements that make up Tanzanian culture.

i. _____ ii. _____

(c) State the two official languages of The United Republic of Tanzania.

i. _____ ii. _____

4. (a) Suggest one way through which pupils at school can destroy school resources.

_____

(b) Which mineral is mined at Karagwe in Kagera region? _____

(c) You are asked to advise government on the ways of improving tourism in Tanzania. Give two points.

i. _____

ii. _____

5. (a) What is poultry farming? _____

_____

(b) Identify one way that the government can use to address some of the challenges facing entrepreneurs in Tanzania. _____

_____

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6. (a) In which Stone Age did humans begin to roast meat?

_____

(b) The Late Stone Age was followed by the Iron Age beginning 3,500 years BCE. Mention two advantages of iron tools to early humans.

i. _____

ii. _____

SECTION C (10 Marks)

Answer **all** questions in this section

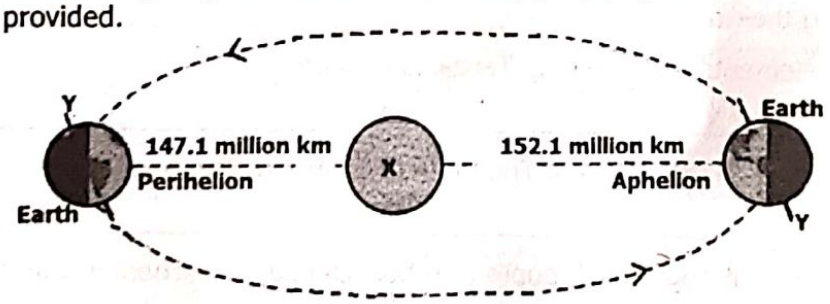
7. (a) A map scale was expressed as "1 cm represents 4km". What type of expressing the map scale is this? _____

(b) Basing on the scale given in (a) above, what would be the actual ground distance if the map distance was 8 centimetres?

_____

_____

Study the following diagram and answer items (c) – (e) by filling the correct answer in the spaces provided.



Questions;

(c) Name the heavenly body marked X. _____

(d) In which month does Perihelion occur? _____

(e) The imaginary line 'Y' of the Earth represents the Earth's axis angle of tilt:

i. What is the value of that angle, in degrees? _____

ii. Identify one effect of the Earth's rotation on its axis.

_____

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STANDARD SEVEN 1ST JOINT MOCK - 2026

02 – ENGLISH LANGUAGE

Time: 1hr 30min **Tuesday 17th, March, 2026**

Candidate's Name: _____

School: _____

Region: _____

District: _____ **Ward:** _____

Instructions:

1. This paper consists of sections A, B and C with a total of **seven (07)** questions.
2. Answer **all** questions in each section.
3. Read all the instructions under each question.
4. All Answers should be written in this paper, in the spaces provided.
5. Use a **blue** or **black pen** to answer all questions. Use a pencil in drawing if any.
6. Cellular phones and any unauthorised materials should **not** be used.

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Candidate's Name: .....

School: ..... District: .....

1. **Listen** carefully to the passage read by invigilator and then answer the items (i) – (v) by writing a **letter** of the correct answer in the brackets provided.

(i) What is the passage mainly about?
A. Family cooperation B. School discipline C. Good friendship
D. Childhood games E. Daily routines [ ]

(ii) What does a true friend give during difficult times?
A. Punishment B. Encouragement C. Money
D. Competition E. Silence [ ]

(iii) How does a good friend help in decision making?
A. By forcing choices B. By giving wrong ideas C. By guiding one correctly
D. By ignoring problems E. By delaying actions [ ]

(iv) Which value is NOT mentioned as learned through friendship?
A. Cooperation B. Honesty C. Respect D. Wealth E. Support [ ]

(v) What happens when someone feels lonely?
A. A friend comforts B. A friend leaves C. A friend laughs
D. A friend argues E. A friend sleeps [ ]

2. **Choose** the word(s) that complete the sentences in items (i) – (v) then write the **letter** of the correct answer in the brackets provided.

(i) By the time the bell rang, the pupils _____ the classroom.
A. leave B. had left C. are leaving D. will leave E. leaves [ ]

(ii) She _____ her homework every evening.
A. completed B. is completing C. completes
D. has completed E. was completing [ ]

(iii) They _____ to school when it started raining.
A. walk B. walked C. were walking D. will walk E. have walked [ ]

(iv) Next year, the school _____ a new library.
A. builds B. built C. has built D. will build E. is built [ ]

(v) He _____ in this village since 2018.
A. lives B. lived C. is living D. has lived E. will live [ ]

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Candidate's Name: .....

School: ..... District: .....

3. Complete sentences in items (i) – (v) by **filling in** the spaces provided with the correct answer from the **box.**

under, big, poorly, who, why, properly, intelligent, quickly

(i) It's the _____ pupil who answers the questions confidently.

(ii) She ran _____ to catch the bus.

(iii) Excuse me, your book is right _____ the dining table.

(iv) Our teacher explained the lesson clearly, that's _____ we all understood.

(v) The classroom was _____ cleaned before visitors arrived.

4. **Match** the word in **Group A** with its correct meaning in **Group B**. Write the letter of the correct answer in brackets.

Group A	Letter	Group B
(i) Calf	[ ]	A. A group of lions B. Meat from a sheep C. Young one of a cow D. A group of birds E. Young one of a goat F. Meat from a cow G. A group of goats
(ii) Flock	[ ]	
(iii) Pride	[ ]	
(iv) Mutton	[ ]	
(v) Kid	[ ]	

SECTION B (20 Marks)

5. Fill in the spaces provided in items (i) – (v) with the correct form of the word in brackets.

(i) The pupils _____ great respect during yesterday's ceremony. (show)

(ii) This road becomes _____ during the rainy season. (danger)

(iii) The head teacher spoke _____ to the parents. (clear)

(iv) Listen, _____ trees is not a good game for children. (climb)

(v) The competition was organized _____ than last time. (good)

6. **Read** the poem below carefully and answer items (i) – (v) by filling the correct answer in the spaces provided.

The sun wakes early in the sky,
Spreading warmth as hours pass by.
It lights the earth with golden ray,
Guiding farmers through the day.
Life is better, thanks to the sun,
Imagine a life, minus the sun,
Plants would die and ecosystem freeze.

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Questions;

(i) What does the sun spread according to the poem? _____

(ii) Who benefits from the sun during the day? _____

(iii) What colour is used to describe the sun's light? _____

(iv) What makes life better? _____

(v) Write a complete line from the poem that shows what would happen if the sun never existed. _____

_____

SECTION C (10 Marks)

7. Pupils of nursery section for a new school called Ket Education Centre, Iringa Mjini have completed their nursery level and are graduating. The school director has organized the following invitation letter to invite different people to the graduation ceremony, which will take place on 20/4/2026. All guests are expected to converge at KBJ social hall, Makini Street, starting from noon. The ward counselor will be our chief guest. Complete the card by filling the correct answer in the spaces (i) – (v) provided.

TOP CLASS GRADUATION INVITATION

Hello, you are warmly invited to attend the graduation ceremony of our school, (i) _____.

The ceremony will take place on 20th April, 2026 at

(ii)_____

Starting from (iii) _____.

The Guest of Honour will be the

(iv) _____

Your presence will be highly appreciated as we celebrate the success of our (v) _____ leavers.

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STANDARD SEVEN MOCK 1 - March 2026

SUPERVISOR'S INSTRUCTIONS FOR ENGLISH LANGUAGE ASSESSMENT (QUESTION 1)

02 ENGLISH LANGUAGE **LISTENING SKILLS**

Read silently the instructions for the supervisor in Part One and thereafter, read loudly and carefully the instructions for the candidates in Part Two.

PART ONE:

Instructions to the Supervisor

1. Read the passage loudly and carefully.
2. Tell the candidates that you will read the passage two times, therefore, they should listen attentively.
3. Tell the candidates that in the first round you will read the passage while they listen. In the second round you will read the passage and once you finish they should answer the questions.
4. Read the passage slowly and accurately the first time. The second time, you will read the passage with speed while observing accuracy.
5. The time which be taken for the supervisor to read the passage is five minutes (05). The candidate will take five minutes (05) to answer the questions. Therefore, this part will be done in ten minutes (10).

PART TWO

Instructions to the candidates by the supervisor

1. I will read the passage loudly.
2. I will read it two times, therefore, you should listen attentively.
3. In the first round I will read the passage while you listen. In the second round I will read it and once I finish, you should answer the questions.
4. You will take five minutes (05) to answer questions 1, then you will proceed with the rest of the paper to answer other questions.

THE PASSAGE

A good friend plays an important role in a person's life. A true friend offers advice, encouragement, and support during difficult moments. When one feels lonely or confused, a close friend listens patiently and gives comfort. Good friends also help each other to make correct decisions and avoid bad behaviour. Through friendship, people learn cooperation, honesty, and respect, which are essential values in society.

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THE UNITED REPUBLIC OF TANZANIA – PRIME MINISTER'S OFFICE
REGIONAL ADMINISTRATION AND LOCAL GOVERNMENT

MORALE FOUNDATION FOR EDUCATION AND TRAINING (MOFET)

Reg. 137197022, 0714 - 414282, 0767 - 414284, 0621- 222194
Mwenge, Mpakani (Sam Nujoma Road). mofettz@gmail.com www.mofet.ac.tz

STANDARD SEVEN 1ST JOINT MOCK - 2026
05E – SCIENCE AND TECHNOLOGY

Time: 1hr 30min **Tuesday 17th, March, 2026**

Candidate's Name: _____

School: _____

Region: _____

District: _____ **Ward:** _____

Instructions:

1. This paper consists of sections A, B and C with a total of **eight (08)** questions.
2. Answer **all** questions in each section.
3. Read all the instructions under each question.
4. All Answers should be written in this paper, in the spaces provided.
5. Use a **blue** or **black pen** to answer all questions. Use a pencil in drawing if any.
6. Cellular phones and any unauthorised materials should **not** be used.

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Candidate's Name: .....

School: ..... District: .....

SECTION A (20 Marks)

1. For each of the items (i) – (x), **choose the letter of the correct answer** and write it in brackets provided.

(i) Identify a plant that survives in dry environments by storing water in its thick stem.
A. mangrove B. lilies C. cactus D. pine E. Taro [ ]

(ii) Which agent pollinates flowers with beautiful, bright and attractive petals?
A. water B. wind C. insects D. birds E. bats [ ]

(iii) What are the two main groups of animals?
A. plants and animals B. vertebrates and invertebrates C. mammals and amphibians
D. animals and humans E. arthropods and worms [ ]

(iv)  Where can this safety sign be found in the environment?
A. social hall B. along sharp corners C. emergency door
D. laboratory door E. toilet door [ ]

(v) The voltage across a wire of resistance 20 ohms is 10 volts. How much current is flowing in this wire? A. 2A B. 0.2A C. 0.05A D. 0.5A E. 5A [ ]

(vi) Among the following formulae, which one can be used to find the mechanical advantage of a machine?
A. Force × Distance B. $\frac{load\ distance}{velocity\ ratio}$ C. $\frac{Distance\ moved\ by\ effort}{Distance\ moved\ by\ load}$
D. Effort × Load E. Load ÷ Effort [ ]

(vii) Among the following, which one is a standard tool for measuring the volume of liquids like water? A. digital weighing scale B. triple beam balance C. metre ruler
D. bucket E. measuring jug [ ]

(viii) A nail fits into a hole in a metal rod. After the nail is heated and tried again into the hole before cooling, it no longer fits. What happened to the nail?
A. it changed colour B. it expanded C. it bent sharply
D. it contracted E. weight increased [ ]

(ix) During a scientific investigation, materials to be used are gathered on the third step. Which step follows this?
A. Conducting an experiment B. Formulating the hypothesis C. Analysing data
D. Identifying the problem E. Making a conclusion [ ]

(x) Identify a similar symptom for both malaria and cholera diseases. [ ]
A. vomiting B. breathing difficulty C. frequent urination D. itching E. fluid filled blisters

2. Match the terms of blood circulatory system in Group A with the corresponding answer in Group B by writing the letter of the correct answer into the brackets provided.

Group A	letter	Group B
(i) Plasma	[ ]	A. Small irregular-shaped blood cells that prevent bleeding.
(ii) Red blood cells	[ ]	B. Irregular-shaped blood cells that protect the body against disease-causing organisms.
(iii) Platelets	[ ]	C. The blood fluid containing mostly water.
(iv) White blood cells	[ ]	D. Blood vessels which transport oxygenated blood.
(v) Atria	[ ]	E. The upper chambers of the heart.
		F. Round biconcave cells that carry haemoglobin.
		G. Tissues in the heart and veins that prevent the backward flow of blood.

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3. For items (i) – (v), choose the correct term used in Microsoft Excel from the box and write it in the space provided.

Chart, Printing, Text, Active cell, Workbook, Data sorting, Menu bar

(i) The entire Excel file in Microsoft Excel that you create and save on you computer; _____

(ii) Arranging data in a specific order to make it easier to read and analyze. _____

(iii) A way of presenting data in Excel using a graph, to help in visualising numbers or patterns easily; _____

(iv) Any data made up of letters, words or numbers that cannot be used in calculations; _____

(v) The currently selected cell for entering or editing data; _____

SECTION B (20 marks)
Answer **all** questions in this section

4. (a) Explain the main way through which HIV/AIDS patients can avoid the symptoms of the disease. _____

(b) Explain one best way through which children like you can avoid getting Sexually Transmitted Diseases. _____

_____

(c) Dengue is a hemorrhagic fever caused by the dengue virus. How does this virus spread a from one person to another? _____

_____

5. (a) To provide first aid to her brother, Jamila placed him flat on his back in a cool room, loosened his clothes and opened the door and windows for him to get fresh air. What had happened to his brother?

_____

(b) Name any two venomous organisms which can be found in our houses.

i. _____ ii. _____

(c) Mention two items that can cause fire accidents at home.

i. _____ ii. _____

6. (a) What happens to an object placed in water if the gravitational force acting on it is greater than the upthrust force? _____

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(b) The quantity of matter in an object doesn't change, whether you carry that object at home, on a mountain, or anywhere else. This amount of matter is called;

_____

(c) Identify two physical changes of water.

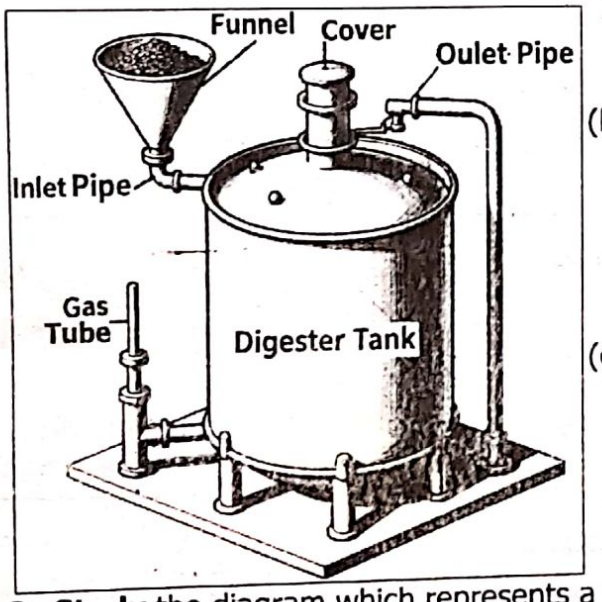
i. _____ ii. _____

(d) Explain one reason that makes 'boiling of an egg' a chemical change of matter.

_____

SECTION C (10 marks)

7. **Study** the following process of producing a certain renewable energy and answer items (a) – (c).



(a) Name the renewable energy produced in that process.

_____

(b) Name two main gases found in the renewable energy produced in the process shown.

i. _____

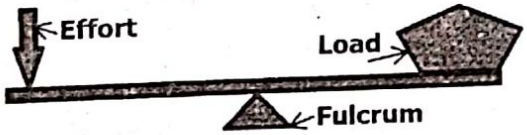
ii. _____

(c) Identify two materials placed inside the digester tank to help in generating the related energy.

i. _____

ii. _____

8. **Study** the diagram which represents a lever and answer items (a) and (b) that follow.



(a) Which class of lever is represented? _____

(b) Identify any two simple machines which reflect the class of lever represented in the picture.

i. _____ ii. _____

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Mwenge, Mpakani (Sam Nujoma Road). mofettz@gmail.com www.mofet.ac.tz

STANDARD SEVEN 1ST JOINT MOCK - 2026
06E – CIVIC AND MORAL EDUCATION

Time: 1hr 30min **Tuesday 17th, March, 2026**

Candidate's Name: _____

School: _____

Region: _____

District: _____ **Ward:** _____

Instructions:

1. This paper consists of sections A, B and C with a total of **six (06)** questions.
2. Answer **all** questions in each section.
3. Read all the instructions under each question.
4. All Answers should be written in this paper, in the spaces provided.
5. Use a **blue** or **black pen** to answer all questions. Use a pencil in drawing if any.
6. Cellular phones and any unauthorised materials should **not** be used.

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Candidate's Name: .....

School: ..... *District:* .....

SECTION A (20 Marks)

1. For each of the items (i) – (x), **choose a letter of the correct answer** and write it in brackets provided.

(i) Which of the following is the best way for a citizen to fulfil obligations according to the law?
A. Creating new rules B. Performing duties secretly C. Maintaining honestly and fairness
D. Avoiding some responsibilities E. Blaming those who don't perform [ ]

(ii) An educated person has a duty to use his or her talents to come up with new ideas and techniques to boost the society. What is this quality all about?
A. research B. confidence C. innovation D. fairness E. obedience [ ]

(iii) To which security agency should robbers be reported?
A. Fire rescue B. TPDF C. TISS D. Prison Force E. Police Force [ ]

(iv) The following acts promote peace and security in Tanzania EXCEPT;
A. International trade B. Good governance C. Cooperation
D. Respect for human rights E. Good use of public resources [ ]

(v) The following developmental activities contribute directly to the production of food in the country EXCEPT;
A. Mineral extraction B. Fishing activities C. Crop cultivation
D. Livestock keeping E. Poultry farming [ ]

(vi) How does a pupil contribute in the process of protecting national resources?
A. arresting criminals B. advising the president C. being confident
D. managing stress E. reporting crimes [ ]

(vii) Identify the effect of corruption on our country among the following;
A. Revenue increase B. Decrease of administrative costs C. Increased public trust
D. Poor public services E. Respect to dignity [ ]

(viii) What is the best way of uniting family members who are fighting each other?
A. By separating them B. Through negotiations C. Compensating them
D. Taking sides E. Avoiding interference [ ]

(ix) Who supervises pupils' conducts at school on behalf of the school administration?
A. Deputy head teacher B. Discipline teacher C. Academic teacher
D. Head teacher E. school committee [ ]

(x) How can a senior government doctor abuse power, among the following?
A. Reporting to work late B. Selling government medicines to private hospitals
C. Treating his relatives at home D. Referring some patients to other hospitals
E. Overworking especially at night [ ]

2. Match the groups of the needy in Group A with the corresponding answers in Group B by writing the letter of the correct answer into the brackets provided.

Group A	Letter	Group B
(i) The Falsely Accused	[ ]	A. Assistive devices such as wheelchairs or hearing aids
(ii) Drug Abuse Victims	[ ]	B. Rehabilitation and reintegration into family or society.
(iii)People with Disabilities	[ ]	C. Addiction rehabilitation programs
(iv)Elderly People	[ ]	D. Regular age-related healthcare services
(v) Street Children	[ ]	E. Legal aid and fair representation in court.
		F. International protection and asylum services
		G. Integrating them into national governance

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Candidate's Name: .....

School: ..... *District:* .....

3. **Fill in** the blanks by writing the correct answer from the box in items (i) – (v).

Family sorrow,	Being sympathetic,	Counselling,	Cross-cutting issues,
Issues on administration,	Confidence,	Weakness	

(i) It enables a person to realise his or her potential and have self-direction;

_____

(ii) Issues in counselling which touch many areas, like drug abuse, corruption and HIV/AIDS; _____

(iii) One of the major effects of risky behaviours;

_____

(iv) Reduces the fear of failures and encourages trying new things;

_____

(v) Builds emotional support to help friends cope with stress, depression, or peer pressure; _____

SECTION B (20 marks)

4. Rearrange the following leaders in their order of authority from the lowest to the highest, by supplying letters A – E in the spaces provided. Letter 'A' should therefore represent the leader with the lowest authority in the country.

i. District Executive Director _____

ii. Regional Administrative Secretary; _____

iii. Village Executive Officer _____

iv. The Minister of Regional Administration and Local government; _____

v. Hamlet chairperson _____

5. **Fill in** the blanks by writing the correct answer to items (a) – (e) that follow.

(a) Identify two advantages or good things you get if you use the internet wisely.

i. _____

ii. _____

(b) Suggest two effects of violating rules and regulations in a society.

i. _____

ii. _____

(c) Identify two undesirable behaviours at school.

i. _____ ii. _____

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Candidate's Name: .....

School: ..... District: .....

(d) Identify two significance of democracy in Tanzania.

i. _____

ii. _____

(e) Obligations of political parties like CCM include motivating citizens. A part from CCM, name two other registered political parties in Tanzania.

i. _____

ii. _____

SECTION C (10 marks)

6. Read the passage below and answer items (a) – (e) that follow it, by filling the correct answer in the spaces provided.

Promoting Peace through Culture in Tanzania

Tanzania is a country with many tribes and cultural traditions. Despite these differences, Tanzanians have lived peacefully for many years. Culture plays an important role in promoting peace and unity through traditional songs and storytelling. Accordingly, people are taught values such as respect and cooperation.

In many communities, elders use stories to teach children good behaviours and peaceful living. Cultural ceremonies bring communities together, just like National festivals. In addition, the use of Kiswahili language has united Tanzanians from different tribes by enabling them to communicate and solve conflicts peacefully. By respecting different traditions and customs, Tanzanians promote peace, create national unity and understand each other. It should be clearly noted that, preserving national values and culture is the responsibility of everyone in the country.

Questions

(a) How does culture promote peace in Tanzania.

_____

(b) How do elders use culture to teach children good behaviour?

_____

(c) State one role of Kiswahili language in promoting peace.

_____

(d) Mention two activities from the passage that brings communities together.

i. _____

ii. _____

(e) Identify two benefits of respecting different traditions and customs.

i. _____

ii. _____

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