*Candidate's number*_____
*School's Name*_____
*Region*_____
*District*_____

PRIMARY EDUCATION SERVICES NETWORKING ORGANIZATION (PESNO)

TEL: 0713- 526533

0767- 526533

STANDARD SEVEN FIRST PESNO MOCK EXAMINATION

SUBJECT: SCIENCE AND TECHNOLOGY [05E]

DATE: 10TH MARCH, 2026 **TIME: 1HR: 30MIN**

INSTRUCTIONS:

1. This paper consists of section A, B and C with a total of eight (8) questions
2. Answer all the questions in the spaces provided
3. Section A and B carry twenty marks each and section C carries ten marks
4. All writings must be in blue or black pen, except drawings which must be in pencil
5. Communication devices and any unauthorized materials are not allowed in the examination
6. Write your index number and all important information at the top right corner of every page

FOR EXAMINER'S USE ONLY		
QUESTION NUMBER	SCORE	EXAMINER'S INITIALS
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SECTION A (20 MARKS)

1. Answer items (i) - (x) by choosing the correct answer and write the letter of the correct answer in the box provided.

(i) Mr. Maua is an investor of a beverage industry. Which gas does he use to preserve the drinks.

a. Hydrogen b. Carbon dioxide c. Carbon monoxide d. Argon e. Nitrogen [ ]

(ii) Which of the following makes the largest percentage of blood?

a. Mineral salts b. white blood cells c. red blood cells
d. Plasma e. platelets [ ]

(iii) What is the importance of vaccines to young children under five years?

a. To cure the diseases
b. To be used instead of vitamins and proteins
c. To repair damaged tissues [ ]
d. To reduce pains
e. To prevent disease infections

(iv) What is the relationship between the weight of a floating log and the weight of the water that was displaced when the log was immersed in water?

a. The displaced amount of water is heavier than the log.
b. The displaced amount of water is less heavy than the log
c. The displaced amount of water has the same weight as the log [ ]
d. The log did not displace any water
e. There is no any relationship.

(v) Which part of the urinary system conveys urine to the urinary bladder?

a. Urethra b. Renal vein c. Renal artery d. Ureter e. Aorta [ ]

(vi) Plants depend highly on the abiotic environment. Which of the following does not show that plants depend on abiotic environment?

a. Wind pollinating flowers
b. Plants manufacturing food using carbon dioxide
c. Insects pollinating flowers [ ]
d. Plants getting nutrients from the soil
e. Aquatic plants living in water

(vii) Doctors advised his patients HIV and AIDS patients to eat fruits and vegetables more often. Why did the doctor advise them to do so?

a. To strengthen their body immunity b. To strengthen their bones
c. To provide the body with energy d. To provide the body with heat [ ]
e. To build the body

(viii) Levers are examples of simple machines. Which among the following represent simple machines that belong to the first class?

a. A pair of scissors and claw hammer b. Wheel barrow and fishing hook
c. Fishing hook, broom and shovel d. Opener, hammer, broom [ ]
e. Wheel barrow and seesaw

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(ix) Which animal among the following is used to protect itself against enemies by changing its colour?
a. Tortoise b. Porcupine c. Mongoose d. Chameleon e. Zebra [ ]

(x) Which one of the following is not a proper way of using kerosene stove?
a. Don't put off by blowing
b. The kerosene stove must produce blue flame
c. Put kerosene when the stove is on [ ]
d. The stove must have enough kerosene
e. Put off the kerosene by lowering the wicks

2. Answer items I - x by matching the symptoms of diseases in list A with the correct disease in list B.

LIST A		ANSWER	LIST B
i.	Causes rashes which develop into fluid filled blisters		A. Schistosomiasis
ii.	High fever, joint pain, shivering and vomiting		B. Tuberculosis
iii.	Blood in urine and pain during urination		C. Malaria
iv.	Night sweating, high fever and coughing up blood		D. Chicken pox
v.	Feeling thirst and frequent urination		E. Tetanus
			F. Diabetes
			G. Measles

3. Answer the following questions by filling in the blanks using the words in the box.

Submarine, magma, lava, wave crest, wave trough, ocean tides, mandatory, prohibition

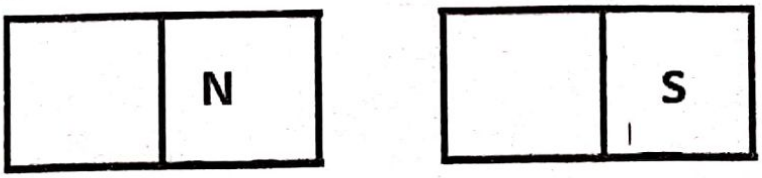
i. The highest point the wave rises _____
ii. A type of safety sign characterized with a circular shape and blue background _____
iii. A hot liquid or molten rock within the earth's surface _____
iv. A water craft that is capable of propelling itself beneath the water as well as on the surface of water _____
v. The movement of water away or close to the shore line _____

SECTION B (20 MARKS)

4. Answer the following questions according to the instructions

i. What will happen to these bars of magnets if they are brought close to each other?

_____



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ii. Water can exist in three different states. What is the name of the solid state of water?

_____

iii. Lenses have various uses. Which type of lens is used to make fire?

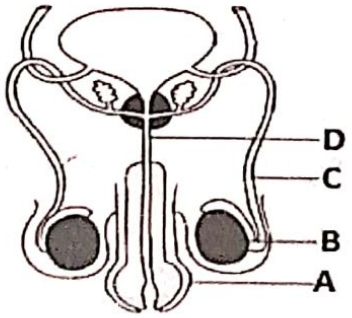
_____

5. Answer the following questions according to the instructions.
   i. Teacher Makwaya wants to write a letter to his friends. Which computer program will help him to write his letter? _____
   ii. What does =SUM (B1:B5) mean in a spreadsheet program?

   _____
   iii. Which type of antennas are used in wireless communication devices such as mobile phones and satellites? _____
6. **Answer the following questions as instructed.**
   i. Which part of a flower becomes a fruit after fertilization? _____
   ii. Which part of a flower protects it when it is young? _____
   iii. Why are texts included in some safety signs? _____
   iv. Mention the possible effect which can occur if precaution is not taken against corrosive substance? _____

SECTION C (10 MARKS)

7. **Observe the figure below then answer the questions that follows.**



   i. What is the name of the part shown by letter D? _____
   ii. What is the function of the part shown by letter B?

   _____
   iii. What will happen if the part shown by letter C is blocked?

   _____

8. **Answer the following questions according to the instructions.**
   i. The density of a substance is 40 kg/m^3. If its mass is 240kg, calculate its volume.

   _____

   _____
   ii. A wire has a resistance of 15 ohms. A current of 0.3 amperes is flowing through it. Find the potential difference across the wire.

   _____

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PRIMARY EDUCATION SERVICES NETWORKING ORGANIZATION (PESNO)

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STANDARD SEVEN FIRST PESNO MOCK EXAMINATION

SUBJECT: ENGLISH [02]

DATE: 10TH MARCH, 2026 **TIME: 1HR: 40MIN**

INSTRUCTIONS:

1. This paper consists of section A, B and C with a total of seven questions
2. Answer all the questions in the spaces provided
3. Section A and B carry twenty marks each and section C carries ten marks
4. All writings must be in blue or black pen, except drawings which must be in pencil
5. Communication devices and any unauthorized materials are not allowed in the examination
6. Write your **Examination Number** and all other important information at the top right corner of every page

FOR EXAMINER'S USE ONLY		
QUESTION NUMBER	SCORE	EXAMINER'S INITIALS
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SECTION A: (20 MARKS)

1. Listen carefully to the passage read by the invigilator and then answer items (i) – (v) by choosing the letter of the correct answer and write it in the box provided

i. Why was the salt purchase unusual?

A. It was too expensive

B. The purchaser didn't bargain

C. It was done in a wrong shop

D. There was too little salt in the shop

E. The salt packets were broken

ii. What does clean notes but dusty shoes suggest?

A. He worked nearby B. he came from far C. he was rich D. he ran quickly E. he slipped

iii. Baraka arranges tomatoes on a **wooden** table. The part of speech of the bolded word is

A. adjective B. adverb C. preposition D. noun E. conjunction

iv. Which lesson can we learn from the passage you have listened?

A. Markets are noisy B. Bargaining is important C. Small clues reveal truth

D. Chickens hide easily E. Dust shows poverty

v. Why did the man want to leave before the busiest hour?

A. He was tired of standing B. He wanted to avoid being noticed and discovered

C. He had finished shopping D. The market was closing E. He was going to another market

2. For each of the items (i) – (v), choose the correct answer and write its letter in the box

i. You can finish your homework now, _____ you can do it after supper

A. For B. nor C. but D. or E. so

ii. Between Joseph and Julius, who it the _____?

A. Bright B. brightest C. brighter D. brightly E. most bright

iii. The cat jumped _____ the table and knocked over the glasses of water

A. At B. on C. onto D. in E. into

iv. He is very kind, _____Add a question tag

A. Isn't it? B. is he? C. doesn't he? D. isn't he? E. is it?

v. My school bag was _____ heavy that I could hardly lift it

A. Very B. more C. extremely D. too E. so

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3. **For the items (i) – (v) complete the sentences by choosing the correct words from the box**

Destiny	transplant	cage	stagger	trophy	mega	declaration

i. The doctor decided to _____ a healthy kidney to save the patient's life

ii. Our head teacher made a _____ about the opening of the new library

iii. The bird was kept safely inside a small _____ near the window

iv. Our school won a _____ for being the best in the football competition

v. My elder sister believed that it was her _____ to become a teacher one day

4. **Match the animals in list A with their corresponding sounds in list B and write the letter of the correct answer in the spaces provided.**

NO.	LIST A	ANSWER	LIST B
i.	Dog		A. Croaks
ii.	Crow		B. Bleats
iii.	Duck		C. Grunts
iv.	Sheep		D. Caws
v.	Frog		E. Barks
			F. Quacks
			G. Crows

SECTION B (20MARKS)

5. **Complete the following sentences by changing the verbs in brackets into appropriate form**

i. Have you ever _____ Mount Kilimanjaro? (climb)

ii. In my birthday yesterday, one balloon _____ just as I was about to pick it (burst)

iii. He wouldn't have fallen into the ditch if he _____ more carefully (drive)

iv. The women _____ the babies who are crying at the moment (comfort)

v. Joseph always _____ a book before bedtime (read)

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6. Read the following poem and answer the questions that follow it.

Clean hands shine like the morning sun
Chasing tiny germs till everyone is gone
Soap and water sing as they gently flow
Teaching our bodies, the way to glow

A clean home whispers peace at night
Dust runs away from order and light
Bins stand ready, guards of the land
Keeping sickness far from our hand

Cleanliness is a crown we proudly wear,
A silent teacher showing love and care
It plants good habits like seeds in the soil
Harvesting health from daily toil

i. Which figure of speech has been used in the line "**clean hands shine like the morning sun?**"
_____

ii. Why are bins described as guards of the land?
_____

iii. What role does cleanliness perform compared to a teacher?
_____

iv. Which verse shows that cleanliness is learned through daily practice?
_____

v. Why do we say that the figure of speech used in the line "**a clean home whispers peace at night**" is personification? _____
_____

SECTION C: (10 MARKS)

7. Arrange the following sentences correctly in a logical order using letters A, B, C, D, and E to make a good paragraph.

i. Eventually, proper time management leads to improved performance and reduced stress [ ]
ii. Many pupils struggle in schools not because of lack of ability, but due to poor time management [ ]
iii. This can be achieved by setting priorities and avoiding unnecessary distractions [ ]
iv. To manage time wisely, learners must plan their everyday activities carefully [ ]
v. Moreover, balancing study time with rest helps maintain concentration and motivation [ ]

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PRIMARY EDUCATION SERVICES NETWORKING ORGANIZATION (PESNO)

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STANDARD SEVEN FIRST PESNO MOCK EXAMINATION

SUBJECT: CIVIC AND MORAL EDUCATION [06E]

DATE: 9TH MARCH, 2026 **TIME: 1HR: 30MIN**

INSTRUCTIONS:

1. This paper consists of section A, B and C with a total of six (6) questions
2. Answer all the questions in the spaces provided
3. Section A and B carry twenty (20) marks each and section C carries ten (10) marks
4. All writings must be in blue or black pen, except drawings which must be in pencil
5. Communication devices and any unauthorized materials are not allowed in the examination room
6. Write your Examination Number and all important information at the top right corner of every page.

FOR EXAMINER'S USE ONLY		
QUESTION NUMBER	SCORE	EXAMINER'S INITIALS
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SECTION A: (20 Marks)

Answer **all** questions in this section

1. Choose the most correct letter then write its letter in the box provided

(i) The following are the acts which may tarnish the image of the school, **except**

A. Quarreling among pupils
B. Using impolite language
C. Sexual relationship between pupils and teachers
D. Excelling in extra-curricular activities
E. Wearing improper uniform

(ii) Why do some tribes such as the Sukuma hit drums when cultivating their farms?

A. To please their gods
B. To mobilize others to join in cultivating activities
C. To chase insects and other wild animals from destroying crops
D. To perform their traditional rituals
E. To raise work morale of cultivators

(iii) What is the effect of a pupil to engage in teenage sex?

A. Preforming well in her exams
B. Building good relationship with others
C. Getting sexually transmitted diseases such as HIV/AIDS
D. Permanent disabilities
E. To promote the status of a school

(iv) What can be done to minimize the impacts of globalization on dressing styles?

A. To cut down business ties with developed countries
B. To allow Tanzanians to cope with the modern world
C. To choose proper dressing styles
D. To forbid the use of social networks to avoid imitations
E. To avoid interacting with outsiders

(v) Why do sex roles not change unlike gender roles?

A. Because of the genetic make-up
B. Because of people's perception
C. Because of cultural interference
D. Because of age differences
E. Because of family responsibilities

(vi) Aminata was told by her mother to avoid receiving gifts from people she does not know. Why do you think her mother told her so?

A. To please her parents
B. To avoid bad temptations
C. To show self confidence
D. To show the pride
E. To show the respect

(vii) A pupil who loves himself or herself takes good care of his or health. Which of the following **does not** demonstrate an act loving oneself?

A. Wearing decently
B. Washing hands after using a toilet
C. Wearing sweaters during hot weather
D. Playing in safe environment
E. Eating a balance diet

(viii) Talent is a natural ability to do things well. Which of the following things require talents?

A. Singing, dancing, sitting and drawing
B. Screaming, painting, acting and playing football
C. Crying, sleeping, clapping hands and singing
D. Weaving, sleeping, reading and writing
E. Playing football, painting, singing and drawing

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(ix) Manga primary school has planned to raise the level of pupils' academic performance. What strategies would you advise the administration of Manga primary school to use so as to achieve that goal?

A. Participating in sports and games C. Examination phobia E. Corporal punishment
B. Remedial lessons and motivation D. Doing many examinations

(x) Which of the following is the quality of pupils who are respectful at school?

A. Refusing to be assigned any work by teachers D. Making a noise and playing in the classroom
B. Associating oneself with notorious groups E. Quarrelling with fellow pupils
C. Obeying parents, guardians, teachers and fellow pupils

2. Match the responsibilities in List A with the leaders in List B by writing the letter of the correct match in the space provided.

List A		Answers	List B
(i)	A leader who chairs the full council meetings as well as the finance, planning, and administration committee		A. Division officer
(ii)	A leader responsible for registering birth and death information at the district level		B. Division chairperson
(iii)	A leader who acts as a marriage counselor and represents the district in the regional advisory committee		C. District administrative secretary
(iv)	A leader who is responsible for monitoring the performance of ward, village, and street executive officers in his/her division		D. District council chairperson
(v)	A leader who swears in the appointed District Commissioner on behalf of the President		E. District Commissioner
			F. Regional commissioner
			G. District Trade Officer

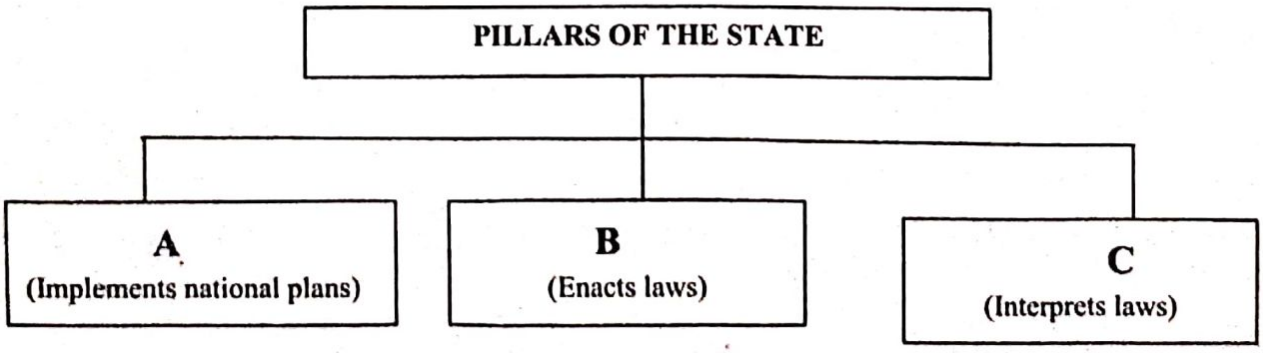
3. For each of the items (i)- (v) fill in the blank space by choosing the correct words provided in the box

Priorities	Alternative way	Plan strategy	Motivation
Morale	Curiosity	Evaluation	

(i) Another option that you think will help you to solve your problem after the first choice has failed_____
(ii) The state of wanting to know about something_____
(iii) First things to be implemented or done _____
(iv) To analyse something to measure its value_____
(v) Eagerness and willingness to do something_____

SECTION B (20 Marks)

4. Study the table below then answer the items (i)-(v) by writing the correct answers in the spaces provided



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(i) Which state pillar is represented by letter A? _____
(ii) Identify the state pillar represented by letter C_____
(iii)What are the two parts of the state pillar marked B?
(a) _____
(b) _____
(iv)Who is the head of the state pillar marked A? _____
(v) Write one challenge facing the state pillar marked C in Tanzania_____

5. Write the correct answers in the spaces provided.
(a) Identify two activities that a pupil can do to bring about the development of his or her school
(i). _____
(ii). _____
(b) Different kinds of support are given to the needy, depending on the needs of the particular group. Mention two kinds of needs that should be provided to pupils who have been affected by hazardous events such as floods or fire accident
(i) _____
(ii) _____
(c) Outline the two acts of protecting national freedom and unity in Tanzania
(i). _____
(ii)_____
(d) Why is it important to provide the reproductive health education to the youths?
_____
_____
(e) Identify two acts that indicate that democracy is practiced in Tanzania
(i) _____
(ii) _____

SECTION C (10 Marks)
Answer question **six (6)**

6. Write the correct answers in the spaces provided.
(a) Explain the meaning of the term counseling
_____
_____
_____
(b) Counseling involves two parts. Mention those parts
(i) _____
(ii) _____
(c) Outline two reasons for providing counseling services to people
(i) _____
(ii) _____
(d) Mention two academic difficulties which may lead a pupil to seek for counseling services
(i) _____
(ii) _____
(e) Why do you think counseling services are provided in special, quiet rooms?
_____
_____
_____

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PRIMARY EDUCATION SERVICES NETWORKING ORGANIZATION (PESNO)



TEL: 0713- 526533

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STANDARD VII FIRST MOCK EXAMINATION

SUBJECT: MATHEMATICS [04 E]

DATE: 9TH MARCH, 2026 **TIME: 2 HRS**

INSTRUCTIONS:

1. This paper consists of section A, B and C with a total of eight (8) questions
2. Answer all the questions
3. Show clearly all workings on the spaces provided besides each question
4. All writings must be in blue or black pen, except drawings which must be in pencil
5. Communication devices and any unauthorized materials are not allowed in the examination
6. Write you index number and all important information at the top right corner of every page.

FOR EXAMINER'S USE ONLY		
QUESTION NUMBER	**SCORE**	**EXAMINER'S INITIALS**
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TOTAL		
CHECKER'S INITIALS		

SECTION A: (10 MARKS)

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Candidate's number _____

School's Name _____

Region _____

District _____

NO.	QUESTION	WORKING SPACE AND ANSWER
1.	i. 534 + 7466 =	
	ii. $\frac{5}{6} - \frac{5}{8} =$	
	iii. 73 × 64 =	
	iv. 8.58 ÷ 1.3 =	
	v. 6964 − 890 =	
	vi. − 25 + (−40)	
	vii. 4.56 x 3.4 =	
	viii. $13\frac{1}{2} + 3\frac{3}{8} =$	
	ix. 27.3 + 1.24 =	
	x. 2496 ÷ 8 =	

SECTION B (30 marks)

NO.	QUESTION	WORKING SPACE AND ANSWER
2.	i. Write 7103045 in words	
	ii. Identify the place value of 0 in the number 5098123	
	iii. Find the next number in the following sequence, 1, 3, 6, 10, 15, _____	
	iv. Write 300000 + 50000 + 700 + 20 + 9 in short form.	
	v. Round off 12.345 correct to two decimal places	
	vi. Write "four hundred nine thousand six hundred and fifty" in numerals	

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*Candidate's number*_____
*School's Name*_____
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*District*_____

3	i. What is the least number that is divisible by 24, 18 and 12?	
	ii. Find the sum of all prime numbers between 50 and 60	
	iii. Write the missing Roman number in the sequence below. II, IV, VIII, _____, XXXII	
4.	i. A coaster left station A at 10:40 a.m. and arrived station B at 6:10 p.m. How long did it take to travel between the two stations?	
	ii. A bicycle costs sh. 80000. If it is sold at a loss of 15%, what will be the selling price?	
	iii. If 5 pens costs sh. 2500. How much will John pay for 9 such pens?	
5	i. The mass of a bag of sugar is 3kg 500g. what is the total mass of 3 such bags of sugar?	
	ii. A rope is 5m long. If 2m 75cm is cut off from it, what is the length of the remaining piece of the rope?	
	iii. Divide 12Lt 110ml by 7	
6.	i. Simplify $\frac{x^2 + 3x^2}{2x}$	
	ii. Find the value of m if $3m - 3 = 18$	
	iii. The age of Furaha is $\frac{1}{3}$ of the age of his aunt. If the sum of their ages is 48 years. Find the age of Furaha.	

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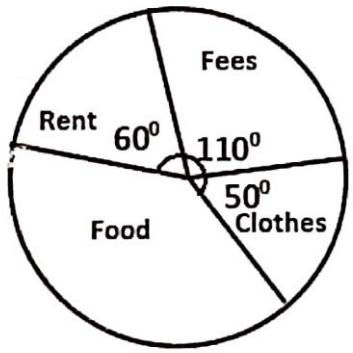
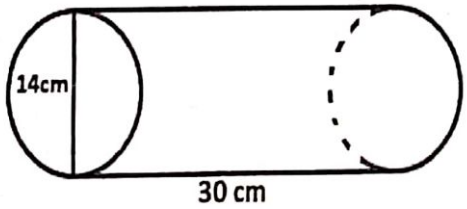
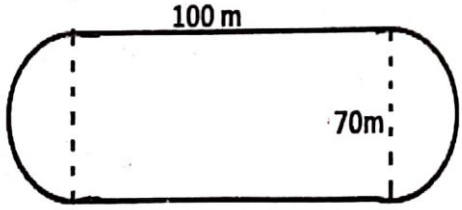
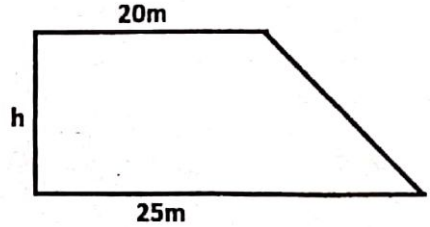
SECTION C: (10 MARKS)

7.	i. The average of six numbers is 42. If five numbers are 39, 48, 45, 40, and 38. Find the sixth number.	
	ii. Rhoda gets a salary of sh. 900000 per month. Her last month expenditure is shown in the pie chart below. How much money did she spend on food?  	
8.	i. Find the surface area of the cylinder below which is closed on both sides.  	
	ii. Find the perimeter of the playground below. (use $\pi = \frac{22}{7}$)  	
	iii. The area of the trapezium below is $180m^2$. Find its height  	

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*Namba ya mtahiniwa*_____
*Jina la Shule*_____
*Mkoa*_____
*Wilaya*_____

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MTIHANI WA KWANZA WA UTAMILIFU KWA DARASA LA SABA

SOMO: KISWAHILI [01]

TAREHE 09/03/2026 **MUDA: SAA 1:40**

MAELEKEZO:

1. Karatasi hii ina sehemu A, B, na C zenye jumla ya mswali sita (6)
2. Jibu maswali yote kwenye nafasi ulizopewa
3. Sehemu A na B zina alama ishirini (20) kila moja na sehemu C ina alama kumi (10)
4. Majibu yote yaandikwa kwa kalamu yenye wino wa bluu au mweusi, isipokuwa katika michoro ambapo ni lazima kutumia penseli
5. Vifaa vya mawasiliano visivyoruhusiwa havitakiwi katika chumba cha mtihani
6. Andika namba yako ya mtihani na taarifa zote muhimu hapo juu

KWA MATUMIZI YA MTAHINI TU		
NAMBA YA SWALI	ALAMA	SAHIHI YA MTAHINI
1.		
2.		
3.		
4.		
5.		
6.		
JUMLA		
SAHIHI YA MHAKIKI		

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*Namba ya mtahiniwa*_____
*Jina la Shule*_____
*Mkoa*_____
*Wilaya*_____

1. Sikiliza kwa makini habari utakayosomewa na msimamizi kisha jibu maswali yanayofuata

i. Kutokana na habari uliyosikiliza wanakijiji wa darini walikutana siku gani ?.
a. Jumanne b. Alhamisi c. Jumapili d. Jumamosi e. Jumatatu

ii. Kama ilivyo kawaida ya sherehe kulikuwa na kamati mbalimbali za sherehe hiyo, je, nani alikuwa anateua vingozi wa kamati mbalimbali?
a. Paka b. Mbuni c. Mbayuwayu d. Kipepeo e. Sisimizi

iii. Kiongozi wa kamati ya mapambo alipamba ukumbi kwa rangi mbalimbali. Je nani aliteuliwa kuwa kamati ya mapambo ?
a. Kipepeo b. Mjusi c. Bundi d. Popo e. Siafu

iv. Ni kitu gani kilikosekana katika maandalizi ya kamati ya chakula?
a. Sharubati b. Pilau c. Kuku d. Pizza e. Marula

v. Kwa namna ulivyosikiliza kwa makini mwenyekiti wa sherehe hii alitaja jumla ya kamati ngapi?
a. Nne b. Tano c. Saba d. Tatu e. Nane

2. Chagua herufi ya jibu sahihi kisha iandike katika kisanduku

i. Joisi anakula ugali kwa kijiko. Neno anakula ni aina gani ya neno?
a. Kivumishi cha A unganifu b. kitenzi c. Kielezi d. Kiwakilishi e. Kiunganisi

ii. Vijana wale wameshirikiana kuimba kuku wa mama Kayai . Sentensi hii ipo katika nafsi gani?
a. Nafsi ya kwanza umoja b. Nafsi ya kwanzaa wingi c. Nafsi ya pili umoja
d. Nafsi ya tatu umoja e. Nafsi ya tatu wingi

iii. Sahadia aliiba kalamu ya rafiki yake. Alipoulizwa na mwalimu alicharaza maneno. Nini maana ya nahau charaza maneno?
a. Danganya b. sema upesi kwa lengo la kudangaya c. sema sema ovyo
d. alisema taratibu e. Alitakataa kusema

iv. Baraka anawinda wanyama porini bila kibali, je mtu anyewinda wanyama bila kibali maalum anaitwa nani?
a. Askari b. Magereza c. Raia d. Jangili e. mzalendo

v. Mwalimu aliwahi darasani _____ wanafunzi walichelewa kuingia darasani. Neno lipi linakamilisha sentensi hii
a. pamoja na b. Kwa kuwa c. Ingawa d. Hata hivyo e. Kwa sababu

vi. Methali ipi inakinzana kimaana na methali isemayo, **haraka haraka haina baraka?**
a. Polepole ndio mwendo b. Ngoja ngoja yaumiza matumbo
c. Mwenda pole hajikwai d. Polepole ya kobe humfikisha mbali
e. Simba mwenda pole ndiye mla nyama

vii. Mwajuma anakwenda shuleni siku tano za wiki. Sentensi hii ikiwa katika hali ya mazoea ukanushi itakuaje?
a. Mwajuma haendagi shuleni siku tano za wiki b. Mwajuma huwa hapendi kwenda shuleni siku tano za wiki c. Mwajuma huwa haendagi shuleni siku tano za wiki
d. Mwajuma huwa haendi shuleni siku tano za wiki
e. Mwajuma hapendi kwenda shuleni kila siku

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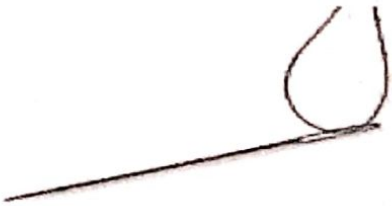
*Namba ya mtahiniwa*_____
*Jina la Shule*_____
*Mkoa*_____
*Wilaya*_____

viii. Kitendawili kipi kinateguliwa na picha ifuatayo?



a. Ala aliwa yuala ala b. Jua hema mvua hema c. Liwali amekonda lakini hana dawa
d. Anaoga kila siku lakini hatakati e. Hesabu yake haina faida

ix. Wanafunzi wamedarizi vitambaa vya kutandika kwa ustadi mkubwa. Kipi ni kisawe cha neno darizi?

a. tengeneza b. tarizi c. chora d. finyanga e. kufuma

x. Mtu anayetafsiri maneno kutoka lugha moja kwenda nyingine ni mkalimani. Je, mtu anafundisha chuo cha ualimu anaitwa nani?

a. Mkufunzi b. Mkulima c. Mhandisi d. Mkutubi e. Mwalimu mkuu

3. Oanisha maelezo ya watu kutoka sehemu A na majina ya watu wanaofanya kazi hizo toka sehemu B

Na	KIFUNGU A	MAJIBU	KIFUNGU B
i.	Barizi		A. Utungo wa kishairi
ii.	Uhandisi		B. Nidhamu bora ya mwanafunzi
iii.	Nudhumu		C. Mchanganyiko wa mboga au matunda unaoliwa bila kupikwa
iv.	Saladi		D. Mkate uliotengenezwa kwa unga wa nafaka
v.	Mofa		E. Tendo la kumtembelea mtu kwa lengo la kusabahi
			F. Punga upepo
			G. Ujuzi wa kutengeneza, kukarabati miundo mbinu

4. Andika vitenzi vinavyotokana na nomino hizi

i. Mwandiko _____
ii. Amri _____
iii. Kashifa _____
iv. Kilimo _____
v. Hukumu _____

5. Soma shairi lifuatalo kisha jibu maswa

Alileta taharuki, kuwa kama mwanahewa,
Kutamani pikipiki, heshimma lipotelewa,
Bora atafutte TUKI, apate kukombolewa
Yai wewe ni mtoto, kuku kwako ndiye mama

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*Namba ya mtahiniwa*_____
*Jina la Shule*_____
Mkoa _____
*Wilaya*_____

Nasema kwa ufasaha, yai upate fahamu,
Yai iache mizaha, na kuharibu nidhamu,
Acha na huko kuhaha, usoni uutabasamu,
Yai wewe ni mtoto, kuku kwako ndiye mama

i. Shairi ulilosoma lina jumla ya mishororo mingapi?_____
ii. Ni nani anadai kuwa mkubwa kuliko mwingine?_____
iii. Malenga wa shairi hili ametumia aina gani ya kituo?_____
iv. Mtu anayeimba shairi anaitwa nani?_____
v. Nini maana ya neno taharuki kama lilivyotumika katika shairi hili?_____
_____

6. **Tumia maneno yaliyo katika kisanduku kujaza mambo yanayokosekana katika kumbukumbu ya mkutano**

Anwani, sahihi ya mwekiti, mahudhurio, sahihi ya katibu, risala, Ufunguzi wa kikao, ajenda

MUHTASARI WA KIKAO CHA DARASA LA SABA SHULE YA MSINGI MAENDELEO KILICHOFANYIKA TAREHE 1/3/2026

Mahali : Bwalo la shule
Muda: kuanzia saa 4:00 – 5: 00 asubuhi

i. _____
Kikao kilifunguliwa kwa kuimba wimbo wa shule kisha tukapata sala toka kwa Paula ambaye ni kiongozi wa darasa.

ii. _____

1) Regina Maembe Mwenyekiti
2) Paula Magoti Katibu
3) Cuthbet Mlay Mjumbe
4) Philipo Msakuzi Mjumbe
5) Amaduhu Shangwe Mjumbe

iii. _____

1) Kufungua kikao
2) Kujadili taaluma na nidhamu ya darasa
3) Mengineyo
4) Kufunga kikao

iv. _____
Regina Maembe

v. _____
Paula Magoti

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*Candidate's number*_____
*School's Name*_____
*Region*_____
*District*_____

PRIMARY EDUCATION SERVICES NETWORKING ORGANIZATION (PESNO)



TEL: 0713- 526533

0767- 526533

STANDARD SEVEN FIRST MOCK EXAMINATION

SUBJECT: SOCIAL STUDIES AND VOCATIONAL SKILLS [03E]

DATE: 10TH MARCH, 2026 **TIME: 1HR: 30MIN**

INSTRUCTIONS:

1. This paper consists of section A, B and C with a total of seven (7) questions
2. Answer all the questions in the spaces provided
3. Section A and B carry twenty (20) marks each and section C carries ten (10) marks
4. All writings must be in blue or black pen, except drawings which must be in pencil
5. Communication devices and any unauthorized materials are not allowed in the examination room
6. Write your index number and all important information at the top right corner of every page

FOR EXAMINER'S USE ONLY		
QUESTION NUMBER	SCORE	EXAMINER'S INITIALS
1.		
2.		
3.		
4.		
5.		
6.		
7.		
TOTAL		
CHECKER'S INITIALS		

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*Candidate's number*_____
*School's Name*_____
*Region*_____
*District*_____

SECTION A (20 Marks)

Answer **all** questions in this section.

1. For each of the items (i) – (xv), choose the correct answer and write its letter in the box provided.

i. What kind of historical information can be found in archives and museums?
A. Oral memories
B. Written records
C. Historical objects and tools
D. Jewels and other objects used in the past
E. Old buildings

ii. In which region is Majimaji Museum located?
A. Ruvuma
B. Iringa
C. Dodoma
D. Mara
E. Lindi

iii. Which tool is used to keep both maximum and minimum thermometers after measuring the temperature in a weather station?
A. Stevenson screen
B. Campbell Stokes
C. Thermometer rack
D. Barometer
E. Hygrometer

iv. The temperature of Tanga which is located at the sea level is 30.5°C. What will be the temperature of Morogoro which is located at 250metres above the sea level?
A. 1.5°C
B. 31.5°C
C. 29°C
D. 33.5 °C
E. 33°C

v. Which terminology describes a sudden event that has the potential to cause a disaster?
A. Drought
B. Flood
C. Weather
D. Climate
E. Hazard

vi. A pupil was asked to identify the factors which affect the climate of an area. Which factor among the following was wrongly mentioned?
A. Relief
B. Elevation
C. Weather
D. Wind
E. Latitude

vii. A social studies teacher assigned an activity for his pupils to read the weather map of Tanzania and identify the regions with semi-arid climatic condition. Which regions were identified by the pupils?
A. Dodoma, Singida and Shinyanga
B. Dodoma, Shinyanga and Kigoma
C. Iringa, Mbeya and Njombe
D. Dodoma, Manyara and Morogoro
E. Tanga, Pwani and Morogoro

viii. Which historical event took place in Tanzania in 1984?
A. The death of Edward Moringe Sokoine
B. A terrible train accident in Dodoma
C. The tragic accident of MV Bukoba in Lake Victoria
D. The Musoma resolution
E. The introduction of free market economy

ix. During the Iron Age, humans made stronger, better and more durable tools which enabled them to simplify work than during the Stone Age tools. Which tools were used for pruning and clearing areas for cultivation?
A. Arrows
B. Spears
C. Hoes
D. Sickles
E. Knives

x. Why is it advised to hang clothes soon after ironing?
A. To ensure effective drying
B. To avoid discolouration
C. To prevent stains
D. To avoid ruining their shape
E. To kill germs

xi. What name is given to the hair which grows along the edges of the eye?
A. Moustache
B. Side burns
C. Hair shaft
D. Eye lashes
E. Eyebrows

xii. Which of the following foods can be eaten without being cooked?
A. Cassava and carrots
B. Potatoes and yams
C. Meat and rice
D. Meat and cassava
E. Eggs and meat

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*Candidate's number*_____
*School's Name*_____
*Region*_____
*District*_____

xiii. Non-melodic wind musical instruments are the categories of wind musical instruments which produce non-melodic sounds. Which of the following are good examples of such instruments?
A. Flute and trumpet C. Saxophone and trumpet E. Lipenenga and Banjo
B. Trumpet and whistle D. Baragumu and Lipenenga

xiv. What is the name of an artistic activity that involves using a clay soil to make various tools such as pots, jars and bowls? A. Sewing B. modeling C. Printing
D. Carving E. Weaving

xv. Which method can an entrepreneur employ to develop readiness for learning?
A. Not listening D. Borrowing money from the bank
B. Asking questions E. Hiring many employees
C. Participating in gambling clubs

2. Match the items about the African heroes in **List A** with the correct response in **List B** by writing the letter of the correct answer in the brackets provided

List A		Answers	List B
(i)	A hero who led the liberation struggle for independence of Mozambique		A. Kwame Nkurumah
(ii)	A hero who led the people of Angola to struggle for independence		B. Kamuzu Banda
(iii)	A hero who led the liberation struggle that enabled Malawi to get her independence		C. Augustino Netto
(iv)	A hero who led the liberation movements for independence in Zambia		D. Sam Nujoma
(v)	A hero who led the liberation struggle for independence in Namibia		E. Samora Machel
			F. Nelson Mandela
			G. Keneth Kaunda

SECTION B (20 Marks)

Answer **all** questions in this section.

3. (a) Mention two old traditions which have negative effects on our societies
(i) _____
(ii) _____
(b). Mention two areas of economic cooperation between Tanzania and other African countries
(i) _____
(ii) _____
(c). What is the main decision making organ of the East African Community?
_____

4. (a) Identify two characteristics of an entrepreneur
(i) _____
(ii) _____
(b) Why is land considered as the mother of all resources?
_____
_____
(c) Describe two methods that can be used to conserve wildlife resources
(i) _____
(ii) _____

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*Candidate's number*_____
*School's Name*_____
*Region*_____
*District*_____

5. (a) Tanzania is endowed with many types of minerals. Which mineral is found only in Tanzania?

   _____

   (b)Why most of the minerals found in Tanzania are extracted by large foreign companies?

   _____

   _____

6. (a) Which economic activity employs more people than any other economic activity Tanzania?

   _____

   (b) Explain why trade is so important to our national economy

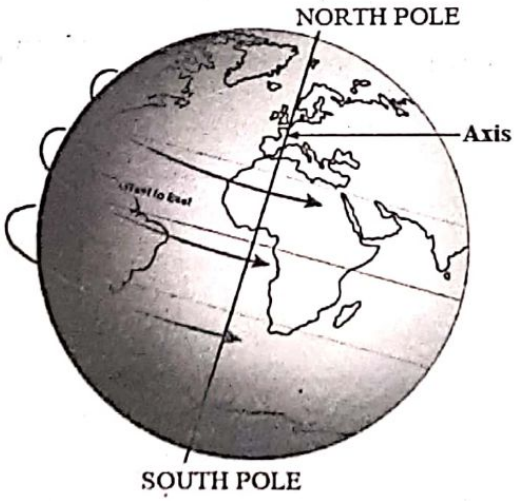
   _____

   _____

SECTION C (10 Marks)

Answer **all** questions in this section.

7. Study the diagram below then answer the questions that follow



Questions

(a) What is the name of the planet shown by the diagram above?

_____

(b) The planet you have identified in item (a) above has two movements. Which movement is represented by the above diagram?

_____

(c) How many minutes does the planet represented by the diagram above take to complete the movement you have mentioned in item (b) above?

_____

(d) Write one outcome of the movement of the planet represented by the diagram above

_____

(e) What is the position of the planet represented by the diagram above according to the distance of planets from the sun in the solar system?

_____

_____

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PESNO I GRADE SEVEN ENGLISH LISTENING SKILLS 2026

PART A: INSTRUCTIONS TO THE INVIGILATOR

Make sure you read the following before giving instructions to the candidates

i. Make sure you read the passage loudly and slowly for the first time while observing all punctuation marks indicated in the passage. When reading for the second time, increase the reading speed.

ii. The time which will be taken to read the passage for the candidates is five (05) minutes. Therefore, this part will be done in ten (10) minutes.

iii. When reading the story, make sure that candidates do not open the questions paper

iv. Read loudly the candidate's instructions (1 – 4)

PART B: INSTRUCTIONS TO THE CANDIDATES

1. I will read the passage twice, therefore, you are required to listen attentively
2. While I will be reading the story, make sure that your question paper is not opened
3. When I read the passage for the first time, listen without responding to the questions and when I finish reading for the second time, answer question 1, item (i) – (v) and then continue to answer the rest of the questions (2 – 7)
4. I am starting to read the passage now, therefore, listen attentively

PART C: THE PASSAGE

One market day, Baraka helped his grandmother arrange tomatoes on a wooden table. While others shouted prices, he noticed a man buying salt without bargaining. That was strange because everyone in the village bargained, even for matches. The man paid quickly using very clean notes, yet his shoes were covered in red dust from the hill road. Surely, he had strolled along long distance. Soon, a woman rushed past asking if anyone had seen her missing chicken. Baraka remembered hearing a faint cluck inside a closed basket near the man's feet earlier, though he had thought it carried vegetables. Baraka said nothing until the man tried leaving before the busiest hour. Then he quietly told the market chairperson, who politely asked the man to check the basket. Inside sat the silent chicken, surprisingly calm among cabbages.

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UFAHAMU WA KUSIKILIZA PESNO YA KWANZA DARASA LA VII 2026

SEHEMU A: MAELEKEZO KWA MSIMAMIZI

Zingatia yafuatayo kabla ya kusoma maelekezo kwa watahiniwa

i. Hakikisha unasoma hadithi kwa sauti na taratibu kwa mara ya kwanza huku ukizingatia alama zote za uandishi zilizopo katika hadithi hiyo. Unaposoma kwa mara ya pili ongeza kidogo kasi ya usomaji.

ii. Muda utakaotumika kuwasomea watahiniwa hadithi ni dakika tano(05) na muda utakaotumika kwa watahiniwa kujibu maswali ni dakika tano(05). Sehemu hii itafanyika kwa dakika kumi (10)

iii. Wakati unapokuwa unasoma hadithi, hakikisha kuwa watahiniwa hawafungui karatasi yenye maswali ya mtihani.

iv. Soma kwa sauti maelekezo kwa watahiniwa (1 – 4)

SEHEMU B: MAELEKEZO KWA WATAHINIWA

i. Nitasoma kwa sauti hadithi mara mbili. Hivyo kila mmoja asikilize kwa makini

ii. Nitakapokuwa nasoma hadithi, hakikisha kuwa karatasi yako ya maswali haijafunguliwa

iii. Nikisoma hadithi kwa mara ya kwanza, sikiliza bila kujibu maswali na nikimaliza kusoma kwa mara ya pili, jibu swali la 1 (i) hadi (v) kisha endeleza kujibu maswali mengine (2) hadi (6)

iv. Naanza kusoma hadithi sasa hivyo sikiliza kwa umakini.

SEHEMU C: HABARI

Ilikuwa ni Jumamosi moja iliyojaa bashasha, wanakijiji wa kijiji cha Darini walikutana pamoja kwa ajili ya maandalizi ya sherehe ya mwaka . Shauku hii ilichochewa na maandalizi kabambe yaliyofanywa na kamati thabiti ya maandalizi ya sherehe hiyo. Kiongozi mkuu wa sherehe hiyo Bundi alimteua paka kuwa mkuu wa kamati ya vinywaji, mjusi baada ya uteuzi alishiriki kikamilifu kuandaa vyakula vitamu na vinono akavipanga kwa ustadi mkuu na matunda ya aina mbalimbali, lakini alisahau kuweka matunda ya marula. Kipepeo aliteuliwa kusimamia mapambo ukumbi ulipambwa kwa rangi mbalimbali zenye mvuto zilizonakshi ukumbi wa Darini. Kamati ya ulinzi iliyoteuliwa na mwenyekiti ilkuwa na siafu nayo haikuwa nyuma kukamilisha majukumu yake. Popo aliteuliwa kuwa kamati ya kuandaa kadi za mialiko zilizosheheni maelekezo yaliyoojitosheleza. Mashalah! Sherehe hiyo ilifana sana.

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